

## Research on Educational Nature and Root of Life

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### Abstract

Human life is a unified collection of natural life and value life. It restores and rejuvenates the true nature of education to impact the awakening of life, so that life is full of agile images and temperaments, and also the process of human education that has real life significance. If the talents trained by education which can only repeat and accumulate knowledge and machinery, it will be a universal portrayal of the double failure of education and life. Only by tightly combining education, life, and educational life which can we create the agility of education and avoid the empty phenomenon of human spirit and life soul. The true nature of education is to restore and rejuvenate the roots of life, to establish self-awareness, to give playing to self-motivation, and so that we can constantly transcend and make perfect when human beings complete themselves.

**Key words:** Educational essence; Restoring; Reviving; Life

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Jaspers believes the correct understanding of education that is first to grasp the essence of education. True education should first acquire its own essence, and reverence for ultimate value and absolute truth that is the essence of all education (Jaspers, 1991, pp.44). Jacques pointed out the essence of education that is spiritual, not material. It is education under the temptation of non-material desire and the education of the human soul. Education cannot be independent, but must rely on the spiritual world and serve the inheritance of spiritual life. It is an activity that fits between people's spirits and the true core idea of education that is centering on the cultivation of people's souls (Jaspers, 1991). In addition to natural life, material life, and spiritual life, human life is mainly to inspire and dig out the wisdom of life hidden under the essence of life. This is the source of life after education. Soothing and saving the human soul that is the ultimate value pursued by life. The universality of life that is the pursuit of soul salvation, and it is also the ultimate goal of education. The maturation of human growth by education is not only the presentation of knowledge, but also the washing and enlightenment of the spiritual soul.

### 1. CREATE SELF-AWARENESS AND SELF-MOTIVATION

Self-consciousness is a special mental activity that consciously reflects oneself, various states from the body to the mind, and the relationship between oneself and the objective world as the object of reflection. The essence of the development of self-consciousness that is the process by which people gradually move towards autonomy and even freedom (Shen, 1993). Therefore, discussing the development of self-awareness, the theoretical level which is attributed to perfecting the development of personality, and the practical level that is to help the human psychological crisis mature (Cheng, 2000, pp.12-18).

The paradigm of consciousness is to grasp the subject's own relationship and attribute the logic of this relationship to self-consciousness. In the course of the development of German Western philosophical thought, more subjective rational cognition is considered to be a question of the inherent correctness of consciousness, and which should not be attributed to historically objective practical problems (Xi, 2019, pp.29-37). Self-motivation is mainly the manifestation of self-awareness and practical motivation. Self-awareness depends on the correctness of the problem, and self-motivation stands for action. The two are causal, but more of a perfect combination of theory and practice. The main purpose of education is to give full play to the guiding role of self-awareness and make full use of the practice of self-motivation, so as to cultivate human beings into rational people with self-awareness and self-motivation.

The ancient book of Mencius Full Heart records, a gentleman has three joys, but the world does not exist with the king. Parents exist that brothers have no reason about one joy, to be worthy of the sky, not to be ashamed of others about two joys, to gain the world of education for talents in three music. Shuowen Jiezi explained, teaching of the upper and lower effects are also of nurturing, adopting children and doing good. It can be seen that one of the purposes of education in ancient times is to be happy and to be good. Is this the essence of education? What is the essence of education? Education is a kind of rigidity, passing many agreed and mature cultural achievements to the latter, and cultivating the latter into a kind of result of educators hope and think. These are probably all the fallacies education triggered by the misunderstanding of the essence of education, not the direction of education, nor the result of education, nor the essence of education.

Education is a necessary cultural environment for human beings. In the existence and generation of human beings from differentiated by the difference in age, education and quality. Educational environment is indispensable, because this environment can affect a person's lifelong value orientation and way of love. However the current education itself is increasingly lacking in love, so that it is not an activity of love-but a mechanical, cold, and deadly way to engage in educational work (Jaspers, 1991, p.1). Education is a kind of social communication activity. The forming factor of society is people. Therefore, in educational activities, there are language dialogues and spiritual exchanges between the educator and the educated. It is the blending and harmony of the spirit of people and the educated. Individual consciousness is stimulated and developed to complete the transfer and handover of history and culture, thereby forming self-knowledge, making new creations and inventions, and becoming the root of human cultural civilization. The birth and completion of a human being

is that his soul receives education, and the only way of education.

What does educational teaching? What is it? What is educational teaching essence? The so-called education is nothing more than human-to-human inter subjective communication activities, especially the transmission of knowledge content from the older generation to the younger generation, the understanding of the meaning of life, the norms of will and behavior, and through the culture transferring function, handing over cultural heritage to the younger generation, enabling them to generate freely and enlightening their free nature (Jaspers, 1991, p.3). Education is to enable human beings to be stimulated to their greatest potential, so that their body and mind develop harmoniously and healthily, and develop into the best and best self. The process of education is to allow the educated to practice, learn and grow by themselves in practice, and the characteristics of practice where are free play and constant attempts (Jaspers, 1991, p.4). Only the self-compulsion that leads to education can have an effect on education, and all other external compulsions have no educational effect. On the contrary, they are extremely harmful to the students' spirit and will eventually lead students to the secular pursuit of usefulness. In learning, only what is accepted by the soul can become spiritual treasures, while other obscure and obscure things cannot enter the soul and be understood at all (Jaspers, 1991, p.5).

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## 2. RESTORE AND REJUVENATE THE ROOT OF LIFE

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The light of hope is turned on from the life phenomenon of biological nature, the universe is nurturing all things, and natural creatures are endless, containing infinite truth, goodness and beauty, which need to be discovered (Zhang, 2000, pp.4-6). Since the existence of education, all walks of life have explored the relationship between the existence of education and the nature of life. Ancient spiritual practitioners have given certain explanations for the existence of life. Human life is the achievement of the existence of life from coarse body to fine mind. At this moment, all the wisdom and spirit of human life will be fully opened and awakened, and all the difficulties and desires from the beginning to the end of life will all be in a state of self-understanding. Life education is the use of education and guidance to deeply appreciate and feel the power of life, and use a more civilized and educated way to cherish oneself, and to respect others with empathy, so as to apply the positive meaning of education. Respect the value of life and accomplish the goal of human self-completion and improvement. The practice of life education originates from the end of life and ends at the end of life. It is an activity process of complete life experience.

Education can reflect the character of life. Ye Lan, a famous educator, once pointed out, education has a distinct vitality. In a certain sense, education is to face human life, through human life, for the improvement of human life quality. The social activities of the People's Republic of China are a kind of business that most embody life care in a people-oriented society. Life means not only to survive and to live, but more value and meaning is reflected in the meaning of life, in that human beings can independently control their own lives, and in highlighting the unique personality of life.

### **2.1 The Influence of Family Education to Life Education**

Education is the education of human life. Education is profound in the process of human life growth. When humans grow up to 3-6 years old, they are more to imitate their parents. They deeply down aspire to be like parents. Characters and parents become the objects of their worship. In daily life and games, imitating their parents' attitudes and speech behaviors, and even their parents' interests are also subtly affecting their growth. This is how they learn how to get along with others in marriage, in society and in their adult work. This is not accidental learning, but the most basic and valuable learning method available. This learning method is first an emotional motivation, and it is a very powerful motivation for future growth. Parents set an example, and children imitate to learn from them. This is a natural educational process. Unconsciously, giving children a kind of primary but at the same time the most important beginning of enlightenment education. The development of things is always from sensibility to rationality, from disorder to rationality, from youthfulness to maturity. Similarly, when human beings perfect the perfect man at the peak of perfection, parents must be full of love and purpose. Education, for example, parents start reading to their children from the time they are babies, which will allow them to experience the joy and excitement of this parent-child sharing activity. This is a very effective preparation for learning. At the same time, parents will lead their children to participate in various hobbies activities, such as painting, dancing and music, and cultivate children's various artistic abilities. This hobby is infinitely beneficial to a person's growth, making people broad-minded and broad-minded. No matter where you go in life in the future, it will open a door to happiness and inspiration.

### **2.2 The influence of school education to life education**

When parents are unable to deliver educational information, knowledge, and skills to their children, parents will send their children to school. Through comparison and selection between schools, as well participation in parent meetings, they can express their opinions frankly. I hope schools and teachers that can

provide them with the education, what they want their children to get. Social needs, students' parents, schools, and three different systems all set expectations for students' learning goals. At the same time, they bring intangible and tangible pressures to students' learning and life. These three independent of systems influence and restrict each other.

Education in modern China has completely evolved into instrumental education. As early as 1985, the decision of the central committee of the communist party of china on education system reform clearly stated, education must serve the socialist modernization drive, and the socialist modernization drive must rely on education. In 1987, the 13th national congress of the communist party of china further proposed that a hundred-year plan that is based on education. Education has become a tool of socialist modernization. In order to promote the progress of socialist construction, the function of education has been radiated. For the development of society and modernization, education has been elevated to a very high position. It is not because education itself of valued, education has been profitable and instrumentalized. Jaspers pointed out what is education. Today's educators engage in educational work in a mechanical, cold, and deadly manner. People trained in this way will have their lives shrinking. Obscure and unclear, it becomes some ignorant and vulgar flesh.

In real life, the ideal education for parents and students is nothing more than entering key middle schools and high schools, and then going to prestigious universities, and finally getting a decent job. Therefore, modern school education has become a high-score processing factory, a deformed and numb of education variant that distorts the essence of education. It is a common phenomenon in current Chinese real education, all teachers, parents, and students are struggling for scores, and everyone has become a slave to scores. During the learning process, they did not experience the slightest joy and struggle. The rhythm of too fast, everyone is holding their breath, it's too late to experience, too late to breathe, and too late to think about the nature of learning and knowledge. I don't even know what the knowledge I learn every day is for? Is it to go to university? Is it to receive education to go to university? Such an extremely popular answer in real life, if someone answers me, I just like to go to school, like to learn, like to be educated, and like knowledge. I will definitely be cast a strange look, I will say that there is such a thought in this era that it is already puffy water chestnut. It does not sound a bit of joy, but my heart is depressed and sour. Therefore, under the influence of instrumental education, not only teachers have become tools for cultivating talents. The so-called talents are high-scoring talents in various of disciplines, such as mathematics geniuses, physics geniuses, and chemistry geniuses. In a sense, these high-scoring talents do have

the talent for learning, and they do have super learning abilities, but are they really talents?

Looking at the history of the modern world, how many of the Nobel Prize winners are our countrymen? How many winners were trained under the traditional Chinese education model? I believe that in the face of these questions, our answer is silent, and even more ashamed and ashamed, because these questions of hurt our self-esteem and the self-esteem of our country's education. This is the magnificent educational blueprint for the development of tool education. Since the new education policy issued by our country, let education serve the socialist modernization construction. Indeed, our country's national strength, economy, and technology have indeed that made great progress, but it is also in this kind of utility. Under the background of the era of strong sexuality and purpose, these remarkable progress are only temporary. We must face many practical problems. For example, in the *Yanzhao Metropolis Daily* on March 17, 2011, an article entitled *Chinese Children Suicide*, which report the world's first suicide rate among children in China. The prevalence of mental disorders among primary and secondary school students nationwide is 2.6-32.0%. Approximately 20% of college students have psychological problems, 15% of which are general psychological problems and need to be helped by the school, relatives and friends. It's about of 3.5% having psychological disorders, such as insomnia, weight loss, and about 1.5% have mental illness and lose self-control. In the ranking of the causes of suicide among Chinese children, over-exertion of learning is the first about 45.5%, followed by early love about 22.7%, and divorced parents about 13.6%. Seeing these percentage data, we have to face up to the fact that in the context of instrumental and utilitarian education, the adverse effects of education have been clearly presented, and we must reflect on the actual education.

Let's take a look at the reality tool education. Students' initiative and creativity have been completely obliterated. Students use various deformed methods to achieve their learning goals. For example, the headline broadcast foreign news by Tencent Education on June 8, 2012 was focuses on the various weird methods of the parents of Chinese college entrance examination candidates. It pointed out some students have taken injections or intravenous drips to improve their spirits before the exams, while girls use hormones or take contraceptives to delay their menstrual cycle. According to *China Daily* reports, some wealthy parents rented houses close to 7,300 test centers across the country, and rooms with auspicious numbers such as 6 or 8 in the room number are also very popular. Seeing this, I have to say that in the context of real education, both parents and students have become abnormal. This is how humans regard education as a kind of utilitarian under tool education. The heart is trembling,

without shivering, the essence of true education is to stimulate human self-awareness, so that humans can master a means of self-rational control of their behavior and thoughts, rather than uncompromising means to achieve utilitarian goals. Let alone a way of irrational and net worth harming oneself to achieve the goal.

When opening the page of world history, we can clearly see that the greatest persecution of instrumental education can obviously be reflected in the bloody scenes of World War I and World War II. The data in Wikipedia shows that the casualties of soldiers and civilians in World War I exceeded 35 million. Approximately 70 million people died directly in the Second World War and war-related causes. These are just sporadic incidents among the tens of thousands of tragic events that have occurred under tool education. We cannot ignore these lost lives. This shows that tool education not only brings economic material wealth to mankind, but also gives mankind a healthy and healthy life. It brings threats, so it makes people soberly realize that in a society developed by machine production technology, the status of humanistic life education becomes more important.

These are all contrary to the ultimate goal of education to cultivate happy people, making the road of education more difficult, and further away from the essence and purpose of true education. The reason behind this is that China's education evaluation standards are too single, and everything is constant with scores. It is the unfortunate that all these have been born under the background of tool education. On the contrary, when enrolling in a foreign first-class university, grades are not the only criteria for admission. To a large extent value students' experience and creativity in extracurricular activities. Real education is the ability to highlight and publicize the uniqueness of life. Although education is forming, implementing, and developing, it must require corresponding, reasonable, systematic and scientific systems and norms, because for no rules can't make a circle, but no system should be based on the form of rigidity and dogmatism should not be at the cost of obliterating people's initiative and creativity.

Through the denial of the self and the real world, people reconstruct a new self and a new world. This is human creativity. The philosophical anthropologist Landman pointed out that human creativity stems from human incompleteness to have no characterization and uncertainty. Man must accomplish himself by himself, he must decide that he wants to become something specific, and he must try to solve the problems that he must solve by himself by his own efforts. He is not only possible, but also creative. Creativity is not limited to the minority activities of a few people at all. As an inevitability, creativity is rooted in the structure of human existence (Landman, 1988, pp.228-229). Einstein also said that imagination is more important than knowledge. Because knowledge is limited, but imagination summarizes

everything in the world, promotes progress, and is the source of knowledge progress. Knowledge is alive, it is the result of civilization left over from human history, and education is the carrier that inspires and inspires people to be active, seek knowledge, and survive. Therefore, education should be agile and walk with a mission full of life.

Education originated from the need for the development and continuation of human life. However, for a long time, the reality of education has concealed this original need. Instead, the purpose of education has been alienated into knowledge and skills. This is an approach that put the cart before the horse. Instrumental education is a kind of education that completely ignores the agility of life. The people who are trained will only use machines that have no sense of life, but they are numbly operating them. Education must impart knowledge, but in the context of technological production, the knowledge imparted by tool education only has tool value. The purpose of education is to use knowledge to inspire wisdom, integrate wisdom into life, and ultimately enhance the meaning of life.

### 3. PERFECT SELF-COMPLETION AND SELF-TRANSCENDENCE

Man's self-completion is the comprehensive and full development and realization of human abilities, that is the development of human abilities as an end itself, that is man in a comprehensive way, and that is as a human being of possesses the overall of nature (Liu, 2015, pp.28-33). In the process of self-improvement and self-completion, people need many conditions to create human culture, civilization and various specific values (Liu, 2015, pp.28-33). The transcendence of metaphysics itself is the transcendence of finiteness. The reason why western philosophy wants to take many into the one, because the variety of specific differences is limited, and the one is the greatest one. Everything returns to one from one, and this is typically manifested in ontology or ontology. In my opinion, being is a community, and I will start from here, because I will come back here again.<sup>1</sup> The goal of education is to cultivate perfection of social standards. The perfect person is first of all theoretically required to meet the social requirements of the standard. In the real society, it is a mature adult. The realization of the perfect person is the state of continuous restoration and continuous transcendence by the individual. Only by continuous self-fulfillment and continuous self-transcendence, which can the social body such as the human individual and the whole human being advance and progress endlessly.

<sup>1</sup> Parmenides, "On Nature", compiled by the Department of Foreign Philosophy History, Peking University, "Selected Readings of Western Philosophy" Vol. 1, Beijing: The Commercial Press, 1981, p. 31.

Feuerbach put forward in his about theory of happiness that the most fundamental and primitive activity of all living and loving animals, all living creatures and hoping to survive is the pursuit of happiness. Then, as a human being, the stairs to the happy paradise, the true love and deep desire of education will inevitably point to the happiness of life. Suhomlinsky once pointed out that education or purpose is to cultivate happy people. Throughout his life, Plato regarded to perfect the harmony of the soul as the fundamental purpose of education, and therefore pursued the love of wisdom. Pestaloch said that all human education is the art of promoting the development of natural nature in its own way. Education means complete human development.

## 4. CONCLUSION AND DISCUSSION

### 4.1 The Interaction and Function of Self-Awareness and Self-Motivation

The essence of human beings is to distinguish them from animals. They are conscious and extend their valued life to the continuation of human civilization, precious and intelligent experience and essence. The essence of valued life lies in its ability to consciously control its own will and consciousness. It Objectively which makes human life manifest as self-transcendence and self-development that never stops, to realize the development and confirmation of self-pursuit, so that humans have obvious consciousness and thinking that can be distinguished from animals, and become the master of all creatures that rule the entire natural world. The essence of education is to rely on education to stimulate and guide human self-awareness and initiative, allowing humans to constantly deny themselves, deny the existing world, and actively create. Similarly, without the stimulation and guidance of education, the pace of human civilization development will be stagnant. All new information science and technology in modern human society will be a daydream, and it will be a difficult child to be born in the mother's placenta forever, so Education is an important hub and carrier that accompanies human development. As long as human development embarks on education, this speedboat will ride the wind and the waves, there will be times, and go straight to the clouds and sail to the sea. Although education promotes the development of human civilization and enables the transmission and continuation of human civilization, this is only an auxiliary function of education. The essence of education is only to stimulate and guide human consciousness and initiative. The real subject is human beings.

In summary, education is an indispensable part closely related to our human development. The essence of education is to stimulate and guide human self-awareness and self-motivation. Human self-consciousness plays a major role in guiding and teaching, and it is also the

source of enlightenment for all theoretical guidance. If the awakening of consciousness is not stimulated and guided, all the practice and practice of actions will be deflected without correctness and direction. The pulling effect of theoretical consciousness stimulates the exertion of individual self initiative. Self-awareness and self-motivation are the true portrayal and entity mapping of the true nature of education, as well as the most essential inspiration of education. Only self-awareness and self-motivation are scientifically carried out through the paradigm of education and civilized methods to develop rational, scientific and logical steps. Lead and apply the pattern full of bursting life to radiate the original power source of human survival-life, a practical social activity with a clear purpose and consciousness with the mission of defending human life.

#### **4.2 Restoring and Rejuvenating the Root of Life Has a Profound Impact on Education Life**

Human beings are a dual existence that combines both natural life and value life, and a harmonious unity of body and mind. Whether it is the development and perfection of natural life or the gestation and growth of spiritual life, it cannot be separated from the guidance of education. Education is the concrete manifestation of the existence of human value life. Education is the need for the development of human value life, not an external force. Once mankind abandons and abandons the value of life, the development of mankind will regress and re-evolve into the era of apes, and only possess animal instincts. Similarly, once abandoning natural life, mankind will be exaggerated and alienated into nothingness and omnipotence God, so the integrity of human life is embodied in the integration of natural life and value life, and both are indispensable. The perfect combination of natural life and valued life is the projection of the root of life. The relationship between education and life is closely connected. Life lacking knowledge and spirit is destined to be boring, similar to a skeleton walking in the world without flesh and blood. Heaven, but there is only the accumulation and accumulation of knowledge, and there is no intelligent addition and integration of life. Such mechanical construction and structure are even more vulnerable. Therefore, the mission of education and life is to combine the individual's educational and vitality. Be gentle together, let education restore and rejuvenate the true and root of life through the paradigm of education and civilization.

#### **4.3 Self-Completion and Self-Transcendence of Education Are the Only Way to Perfection**

Hegel said that self-transcendence, which is continuously generated and developed in self-transcendence, is the basic characteristic of human beings. For this reason, giving people the consciousness and ability of self-transcendence should become the main mission of education. However, contemporary education has indeed forgotten its mission.

It is too busy with reality and too fast to the outside world (Lu, 2008). The self-transcendence fundamentally means that almost all of us are social in nature. We make choices and decides based on a kind of where I am and who I am, and a kind of us as social beings (Heidi & Han, 2017). The ultimate goal of education is to cultivate individuals to become complete human beings who tend to mature and rational both physically and mentally. The improvement and completion of human beings as a collective social group must be the promotion of the self in reaching the root of life, and the full use and exertion self-awareness and self-motivation playing a positive role in the regulation, so as to realize self-completion, and self-completion must be self-transcendence. It is impossible to make a smooth journey in a lifetime, but is full of all kinds of hard challenges and sadness, so life education is a continuous one. Accept and complete challenges time and time again, constantly strive to surpass, and complete different stages and levels of self-completion time and time again.

As the German philosopher Kant said man is the only creation that must be educated. Man can only become a man if he is educated. As a super-life existence, man perfects have no characterizes and defects of his own life in creation. This is one of the greatest driving forces in human nature, and this is the fundamental reason why human beings can be the king of all things. The purpose of education is to help human beings achieve self-transcendence and awaken their self-awareness, from self-knowledge to dissatisfaction with the status quo of self, relying on inner spiritual power to break through the world, surpass oneself, sublimate oneself, and become a real person. It also lies in enlightening wisdom with knowledge, integrating wisdom into life, and ultimately enhancing the meaning of life, and finally reaching the ultimate goal of education-the ladder to happiness, becoming a "perfect person."

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